

4TH ANNUAL FREEDOM OLD HOME WEEK 5K ROAD RACE & KIDS FUN RUN

Saturday, August 9, 2008
Freedom Elementary School

In order to pre-register for the 5K Road Race, please return your completed registration form and entry fee **postmarked by July 18, 2008**. Checks may be made payable to *Freedom Old Home Week*. See you at the races!

Registration and Entry Fee

5K pre-registration for all divisions: \$10, and includes a t-shirt
Entry must be postmarked by July 18, 2008.

5K late registration for all divisions: \$15 and includes t-shirts only while supplies last.
Please see schedule below for time limits.

Kids Fun Run: No pre-registration available; register morning of race; no entry fee

Schedule Morning of Race

7:00 AM	Sign in & registration for all divisions begins.
7:45 AM	Sign in & registration ends for Walkers & Dog Walkers
8:00 AM	<i>Begin time for 5K Walkers and Dog Walker</i>
8:15 AM	Sign in & registration ends for Runners
8:30 AM	<i>Begin time for 5K Runners</i>
8:45 AM	Registration for Kids Fun Run ends
9:00 AM	<i>Kids Free Fun Run begins</i>

5K Divisions

Walkers, Runners, and Dog Walkers

5K Age Categories (yours, not the dog's)

14 & under	30 - 39	60 - 69
15 - 19	40 - 49	70 & over
20 - 29	50 - 59	

Prizes

Ribbons and bragging rights for top three finishers in each division and category.

Food

For all participants. Water and dog biscuits for the dogs.

5K Race Course

Beginning and ending at the Freedom Elementary School. Mostly flat, dirt road. One water break halfway through course.

Kids Fun Run Race Course

On school grounds and adjoining town rec. fields.